

COURAGE RESOURCES



- THE FEAR CURE, CULTIVATING COURAGE AS MEDICINE FOR THE BODY, MIND, AND SOUL BY LISSA RANKIN.
- YOU ARE A BADASS - HOW TO STOP DOUBTING YOUR GREATNESS AND START LIVING AN AWESOME LIFE. BY JEN SINCERO
- BIG MAGIC, CREATIVITY BEYOND FEAR BY ELIZABETH GILBERT.
- YOUR 3 BEST SUPER POWERS - MEDITATION, IMAGINATION & INTUITION BY SONIA CHOQUETTE
- HOW TO FIND THE COURAGE TO DO ANYTHING - MARIE FORLEO